



# City of Milford, Connecticut

- Founded 1639 -

## Health Department

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Health Director

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Dear Parent/Guardian,

The following health notes are written for your information. Please take a few minutes to review them and save them for future reference.

ILLNESS: Please follow these guidelines should your child become ill.

1. Any child with an elevated temperature equal to 100.5 or over must remain home until the temperature has been normal without medication for 24 hours. Temperature readings can be affected by how the temperature is measured (oral, rectal, axillary, ear, temporal). Please call your school nurse if you have any questions or concerns regarding your specific method and the temperature results.
2. If your child vomits or has diarrhea in the morning before school, he/she should stay home. Generally, children should stay home at least 24 hours after the last episode of fever, vomiting or diarrhea.
3. If your child has a rash which you would like checked by the school nurse, please accompany him/her to school in the event exclusion from school, due to suspicion of communicable disease, is necessary.
4. All communicable diseases, e.g., strep throat, chicken pox, conjunctivitis, impetigo, scarlet fever, head lice, scabies, et., must be reported to the school nurse even if diagnosed on the weekend or over vacation. It is important for parents to alert parents of other students who may have been exposed in the event another child has similar symptoms. The names of affected children are kept confidential. Without adequate information, however, we cannot prevent unnecessary transmission of communicable diseases in school.
5. Children being treated for a communicable disease (conjunctivitis, impetigo, scabies, streptococcal infections) may return after a full 24 hours of antibiotic therapy.

**\*\*Please Note:** Children with chicken pox may return to school after five days and all lesions are dry and scabbed over.

(Over)

6. **Health Update:** Many times children will become ill, develop allergies, sustain an injury, have an operation or surgical procedure, obtain a prescription for new glasses or lenses, or receive an immunization booster during school vacations. Please inform the nurse so that your child's health record can be updated.

#### MANDATED SCHOOL SCREENING PROGRAMS

Vision - screened Kindergarten, Grade 1, Grades 3-5  
Hearing - screened Kindergarten, Grade 1, Grade 3-5  
Posture – Female students screened Grades 5 and 7  
Male students screened Grade 8

These programs are performed each school year at the grade level indicated.

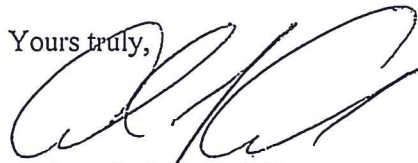
Screenings may also be done upon request or teacher referral.

Heights and Weights are measured annually for all students.

Color vision is evaluated in Kindergarten.

If you have any questions related to your child's health, please contact your school nurse.

Yours truly,



Andrew J. Carlson, MD  
Medical Advisor

MHD 77

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