

Tips for Parents on Kindergarten Transition



My family helps me out

I need to visit my new school ahead of time.

I need to get used to my new school routine.

I need a good breakfast before school.

I need to feel secure and comfortable using the school restrooms.

I need to be able to identify myself.

I need your support at my new school.

You can:

- Take me there and walk around with me.
- Point out my drop-off and pick-up point.
- Show me where my new classroom is and where the office, cafeteria, restroom and playground are.

- Put me to bed and get me up at the new times, for two weeks before school starts.
- If needed, walk me to the bus stop and point out some landmarks for me.

- Help me eat a balanced meal.
- Find out whether my new school serves breakfast.

- Show me where they are when we visit my new school.
- Go with me into public restrooms when we are away from home.

- Help me memorize my full name, my address and phone number and your name or names.

- Talk with my teacher on a regular basis on how I'm doing.
- Attend parent meetings at my new school.
- Volunteer to help out at school activities.



I am confident and prepared

I need to feel excited and comfortable about starting kindergarten.

I need to know what Kindergarten routines will be like.

I need to feel good about myself.

I need to learn to get along with others.

I need to know how to talk with others and to listen to them.

You can:

- Let me know you are excited about me starting Kindergarten.
- Listen carefully to my thoughts and any concerns about my new school.
- Play a game like “you’re the teacher, ask me something,” to pretend I’m in school already.

- Teach me to follow directions by giving me simple steps for simple chores.
- Help me to learn how to share with other children, to wait my turn and to sit in a circle for a story with my friends.

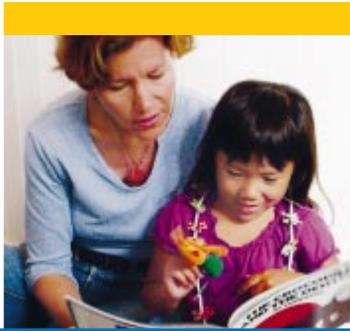
- Be patient and let me develop at my own pace.
- Praise me for my strengths and little accomplishments.
- Pay attention to me and listen to my ideas.
- Help me feel good about all the things I can already do.
- Teach me that all my feelings are okay, but not all my actions are okay. For example, it’s okay to be upset, but it’s not okay to hit somebody.
- Teach me ways to calm myself down when I get frustrated.

- Show me ways to make new friends, by having some of my classmates over to play.
- Help me understand how I can be friends with children who are different from me.
- Teach me what to do when someone hurts my feelings.

- Talk with me about the things I’m already interested in.
- Teach me how to know when it’s my turn to speak and when I need to listen.
- Teach me words to describe my feelings and needs, and when to use them.

- Above all, please model the behavior, attitudes and values you would like to see me learn.

Read to me, every day



**Books to help
children ease
into their
kindergarten
experience:**

*Do You Want
to be My Friend?*

By Eric Carle

The Kissing Hand

By Audrey Wood

*Annabelle Swift,
Kindergartner*

By A. Schwartz

Owen

By Kevin Henkes

Will I Have a Friend?

By Miriam Cohen

Starting School

By Janet and
Allen Ahlberg

*Vera's First Day
of School*

By Vera Rosenberry

*Miss Bindergarten Gets
Ready for Kindergarten*

By Joseph Slate

*Look Out Kindergarten,
Here I Come!*

By Nancy Carlson

Sheila Rae the Brave

By Kevin Henkes

Please register your Kindergarten child before March to make sure your family receives information about all upcoming school activities!

If your child will be 5 by December 31 of this school year, and you are planning to have your child attend kindergarten, be sure to visit the school office or call the school to get more information on kindergarten registration.

What's What at Our Elementary School?

Name	Phone Number
School	
Principal	
Vice Principal	
My Child's Kindergarten Teacher	
Parent/PCNC Facilitator	

Meal Program Application

Applications for free and reduced priced breakfast and lunch are available at the office. These forms ask for information about the parent/guardian's income to determine eligibility for these programs.

Required Documents for Entry to Hawaii Public School Kindergarten

Document	Form #	Other location to get forms	Notes
Student Enrollment Form	SIS-10W	School (not available on internet)	
Emergency Card	RS 02-0694	School Hawaii Department of Education <i>Online</i> http://doe.k12.hi.us/forms/EmergencyCard.pdf	
Birth Certificate	If you do not have	Hawaii State Department of Health 1250 Punchbowl St., Honolulu, HI 96813 Hawaii State Department of Health <i>Online</i> http://www.state.hi.us/doh/records/birth.pdf	
Social Security Card	Form SS-5	Social Security office, Rm. 1-114 Fed Bldg. 300 Ala Moana Blvd., Honolulu, HI 96850 Social Security <i>Online</i> http://www.ssa.gov/online/ss-5.pdf	
TB Test		Doctor's Office/Medical Center	
Student Health Record	RS 01-0531 Form 14	School Doctor's Office Hawaii Department of Education <i>Online</i> http://doe.k12.hi.us/forms/form14_StudentHealthRecord.pdf	
Proof of Residency		Hawaii Department of Education <i>Online</i> http://doe.k12.hi.us/residence_intro.htm	



Good Beginnings Alliance, working in partnership with families, communities, policy makers, providers, and advocates

- Shapes public will and public policy
- Mobilizes action, and
- Maximizes resources

to ensure that all of Hawaii's young children are safe, healthy, and ready to succeed.

For more information please contact:

Good Beginnings Alliance

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Suite 200
Honolulu, Hawai'i 96813

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Toll-Free 1-866-531-5502
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gba@goodbeginnings.org

Please visit:

www.goodbeginnings.org
to view completed materials and learn more about our school readiness efforts.

Hawai'i Island 808-887-1228

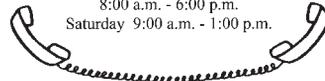
Kaua'i 808-632-2114

Maui 808-270-5557

O'ahu 808-531-5502

The Parent Line

Monday - Friday
8:00 a.m. - 6:00 p.m.
Saturday 9:00 a.m. - 1:00 p.m.



Oahu Neighbor Islands

526-1222

1-800-816-1222

Funded by

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Maternal and Child Health Branch
Parenting Support Program
(808) 733-4054

Linda Lingle,
Governor of Hawaii
Chiyome L. Fukino,
Director of Health



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without regard to race, color,
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Affirmative Action Officer at
Box 3378, Honolulu, HI 96801-3378
or at (808) 586-4616 (voice)
within 180 days of a problem.*

**Early Learning
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